



**Berrien  
County  
Cancer  
Service**

**In memory of the committed  
service of Olove Colcord, R.N.**

**October 2020  
VOLUME XXVII  
ISSUE X**

**3900 Hollywood Road, St. Joseph, MI 49085  
www.bccancerservice.org 269.429.3281  
staff@bccancerservice.org**

# Newsletter

## **THE MISSION OF THE BERRIEN COUNTY CANCER SERVICE:**

To provide compassionate in home skilled nursing care and supportive resources for those affected by cancer or related illnesses in Southwest Michigan.

The **BERRIEN COUNTY CANCER SERVICE SUPPORT GROUP** is a group of patients, family members and caregivers. Come share successes, feelings, fears and practical methods of coping with the physical and emotional aspects of living with the diagnosis of cancer.

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## **STAY SAFE!!**

**The Berrien County Cancer Service** is joining healthcare providers and organizations to work collaboratively with other local, state, and national partners while the Coronavirus Disease 2019 (COVID-19) situation is being closely monitored. We are taking precautions to assist in the prevention of the spread of coronavirus. Please contact us at (269) 429-3281 if you need medical equipment, supplies, or skilled nursing services.

## **October**

October's the month when the smallest breeze gives us a shower of Autumn leaves. Bonfires and pumpkins, leaves sailing down, October is red and golden and brown.

*~Unknown*

## **THANK YOU FOR SUPPORTING OUR MISSION**

It is YOU our community that enables us to care for those with cancer and related illnesses in our community. We are grateful for all the support and are honored that you trust us to do our best to provide in home skilled nursing care for our patients and those who need our assistance. **A special Thank You to Van's Medical Equipment for picking up, cleaning and delivering our durable medical equipment as a courtesy to BCCS in support of our community!**



# BCCS Bulletin Board

## SAVE THE DATE!!!

**FLUSH OUT CANCER**  
Entire month of  
October

**Virtual Art Play**  
**Workshop**  
October 15<sup>th</sup>

### *Thought for the Day...*

*If you want something  
you never had, you have  
to do something you have  
never done.*

*~ Unknown*



### Patient Remarks

"I am grateful every day for the service and kindness of the whole team. They are a big help to me. Thanks for your help."

## **FLUSHING OUT CANCER**

There is a little bit of bad news and a whole lot of good news regarding the **6<sup>th</sup> Annual Flushing Out Cancer event being held by City Plumbing, Heating, and Air Conditioning.** Unfortunately, this year due to COVID-19, the "Crew in Blue" will be supporting Berrien County Cancer Service by holding their Flushing Out Cancer event virtually during **the entire month of October!** SO, even though we will be missing the time spent sitting on the pink potties with our local celebrities and community leaders, we are excited to be participating in City Plumbing, Heating, and Air Conditioning 6<sup>th</sup> Annual Flushing Out Cancer. **You too, can participate by visiting their website at [www.cityplumbing-heating.com](http://www.cityplumbing-heating.com) and follow the donation link.** As always, we are very grateful for all of the hard work and effort put into this event every year by Mike and Connie Ross along with Carey and Karon Ross! Also, a big "Thank You" to Mid-West Family Broadcasting for their dedicated sponsorship. Join us to make this year's Flushing Out Cancer event an amazing success! Next year, we hope to see the pink toilets in the City Plumbing, Heating, and Air Conditioning window!

**Check our Facebook page for a video celebrating  
FLUSHING OUT CANCER**



## **SUPPORT GROUPS**

Due to social distancing requirements and facility restrictions, support groups for St. Joseph and Niles are cancelled for the month of October. However, that does not mean that there is not support for those with cancer. There are a large variety of online cancer support groups with some groups being general and cover all cancer diagnoses while other are specific for a particular diagnosis. A few websites to get started with are [cancercaare.org](http://cancercaare.org), [cancerhopnetwork.org](http://cancerhopnetwork.org), and [cancersupportcommunity.org](http://cancersupportcommunity.org).

## **THANK YOU TO ALL WHO DONATED ...**

**to the BCCS Frederick S. Upton Foundation Challenge Grant!** We are excited to be awarded a two-year \$10,000 grant (\$5,000 per year) for our loan closet, patient nutrition needs, and assistance for nurses traveling to patient homes. Thanks to you, we matched our first \$5,000 challenge for 2020! Our second portion of the challenge to match for 2021 starts in December of this year! Stay tuned!

# October is National Breast Cancer Awareness Month



## ART PLAY WORKSHOPS

Art Play Workshops have re-started at the Krasl Art Center in a virtual way with picking up art packets and joining a class on Zoom! If you are interested in joining a workshop, please call 269-429-3281 and ask for Nancy or email her at [director@bccancerservice.org](mailto:director@bccancerservice.org)

These workshops are designed for families impacted by cancer and are designed for children and adults to learn side-by-side as they use clay, watercolor, and other media to express themselves through art. If you know of any children who have a family member or close friend with cancer, please call us.

You can also find out more information on our website [www.bccancerservice.org](http://www.bccancerservice.org) or on our FB page: Berrien County Cancer Service, Inc.

**On October 15th there will be a virtual Art Play Workshop via Zoom in conjunction with the Krasl Art Center. In order to participate and obtain details regarding picking up an art bundle, you will need to call our office at 269-429-3281 and ask for Nancy or email [director@bccancerservice.org](mailto:director@bccancerservice.org)**

### ***From the Desk of Nancy Church, RN***

October is a month when pink ribbons pop up everywhere and remind us of the many people in our lives who are or have been impacted by breast cancer. **When I think of Breast Cancer resources, the best one that comes to my mind is a person - Shelley Wilkinson, the Breast Cancer Nurse Navigator for Spectrum Health Lakeland.** If there is someone I would want to guide me along the way, it is Shelley. **I have asked Shelley to write a paragraph for our newsletter this month, so here are her words:**

*“Breast Cancer Awareness month is upon us! This year we have all been faced with the unknowns in the world, Covid-19, feeling isolated, and depressed. Breast Cancer Awareness month has a very special place in my heart and continues to need ongoing awareness. Over the past 12 years I have been honored to work side by side with the Berrien County Cancer Service. Many times, patients have needs that are not covered by insurance and feel they are left on their own. I often turn to BCCS to provide solutions and support for my patients. We in Berrien County are very fortunate to have the skilled nursing and supportive services available free of charge to our residents through the Berrien County Cancer Service. Working with those newly diagnosed with breast cancer means the world to me. Being able to alleviate their fears and give them hope is why I love my job. The goal with a new diagnosis is to be diagnosed at the earliest stage possible. Screening mammograms should be performed on average risk women starting at age 40 and annually until at least age 70. Mammograms detect cancers before they turn into tumors and have the best chance for survival. Spectrum Health Lakeland offers many breast imaging options including screening mammograms both digital and 3D, Breast MRI, and Ultrasound. Having the Berrien County Cancer Service in our community is the one stable resource that is available to us in our community despite this pandemic. Do you know someone that needs help getting a mammogram paid for? Please call us! We can help! 269-556-2866.”* **Shelley Wilkinson**

**Some of you may remember or have been a part of the Pink Dance videos of years past, well here are the links and titles....enjoy dancing along!** You may go to youtube.com and insert the titles in the search box or use the URL.

**“Dance Our Towns Pink 2019”**

<https://www.youtube.com/watch?v=d4Ni5Jcr47k>

**“Paint Our Towns Pink” Dance Video 2013:**

<https://www.youtube.com/watch?v=wGi5auJjeOU>

**Southwest Michigan Pink Ribbon Dance 2011:**

<https://www.youtube.com/watch?v=u5ewAA8jLZ8>

You may learn more about our services through Karol's story.

**Karol's Story – Berrien County Cancer Service:**

<https://www.youtube.com/watch?v=e-ZUqILvV0o>

# In Loving Memory

*Memorial donations were generously  
made by and for the following:*

**In Memory of Terry Laurin**

Mary Koss  
Emil and Monika Wiedmann  
Gerald and Patricia Schinkel  
Terence and Sandra Locke  
Germain and John Hylok

**In Memory of Margaret Corteville Rose**

Annette O'Brien  
"A very special person I had the honor of  
knowing in our youth."

**In Memory of Marcus Huff**

Sherry Lange

**In Memory Brigitte Scheffler**

Beverly Griggs  
'Love Jack and Bev'

**In Memory of Heather Metz**

John and Marge Yetzke

**In Memory of John Boal**

George Skibbe

**In Memory of Manroe Raschke**

Donna Janke

**In Memory of John McCarley**

Janice Nemitz

**In Memory of Denise Kantauskas**

Cynthia Mitchell

**In Memory of Gertrude Berndt**

Loren Berndt



*Berrien County Cancer Service sends our sincere sympathy to all those who have recently lost loved ones. We thank all of our generous donors. Your donations are very much appreciated and will help cancer patients in Berrien County. Thank you.*

# Looking Ahead...

## Looking Ahead

**BCCS SUPPORT GROUP – St. Joseph  
Marie Yeager Cancer Center**  
3900 Hollywood Road

Will not be meeting in October

**BCCS SUPPORT GROUP – Niles  
Greater Niles Senior Center**  
1109 Bell Road

Will not be meeting in October

**OSTOMY SUPPORT GROUP**  
Lakeland Regional Medical Center

Will not be meeting in October

**CHILD & FAMILY SUPPORT GROUP  
Art Play Workshop**

**Buchanan Art Center – Not meeting in  
October**

**Krasl Art Center – Virtual Project  
October 15th**

Visit [www.bccancerservice.org](http://www.bccancerservice.org) or call  
BCCS at 269-429-3281 for details

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## DATES TO REMEMBER IN SEPTEMBER

October 1<sup>st</sup> – World Vegetarian Day  
October 2<sup>nd</sup> – World Farm Animals Day  
October 10<sup>th</sup> – National Handbag Day  
October 14<sup>th</sup> – International Top Spinning Day  
October 17<sup>th</sup> – Sweetest Day  
October 19<sup>th</sup> – Evaluate Your Life Day  
October 25<sup>th</sup> – Mother-in-Law Day  
October 29<sup>th</sup> – National Cat Day  
October 31<sup>st</sup> – Halloween

### **Newsletters available online**

Our newsletters are available on our  
website: [www.bccancerservice.org](http://www.bccancerservice.org). If you  
would like to be removed from this mailing  
list, please call our office at 269-429-3281  
or send us an e-mail:  
[staff@bccancerservice.org](mailto:staff@bccancerservice.org).

## Please Consider...

Berrien County Cancer Service, Inc., is a non-profit organization funded primarily by United Way, private donations and fund-raisers. We receive no Medicare, Medicaid or other insurance payments. To continue our free services to Berrien County cancer patients, we need your help. Any donation is greatly appreciated.

Donations to our General Fund will help balance our current budget. Donations to our Endowment Fund will help guarantee that the Cancer Service will be available for as long as needed. Your contribution to our non-profit 501(c)(3) corporation is tax deductible – an acknowledgment and receipt for tax purposes will be sent.

Donations can be made in honor of someone or in memory of a loved one. In these instances, we would also like to send acknowledgment to the honoree or next-of-kin so please provide that information when making your donation.

\_\_\_\_ General Fund    \_\_\_\_ Endowment Fund

Your Name \_\_\_\_\_

Your Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

\_\_\_\_\_

Donation Amount \$ \_\_\_\_\_

**OR**

In Memory of \_\_\_\_\_

Please send notification of my gift to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

\_\_\_\_\_

**Thank you for your  
generosity!**

Berrien County Cancer Service, Inc.  
3900 Hollywood Rd  
St. Joseph, MI 49085

RETURN SERVICE REQUESTED

**JOIN THE NEWSLETTER VIA  
EMAIL**

Help us save postage, you may call  
269-429-3281 or email us at  
[staff@bccancerservice.org](mailto:staff@bccancerservice.org). If you are  
not reading the newsletter, you may  
contact us to be removed. We value  
our readers and hope you enjoy it.

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**BERRIEN COUNTY CANCER SERVICE, INC. – BOARD OF DIRECTORS**

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Suzanne Arent, Administration Assistant  
Henrietta Hein, Office Assistant  
Sarah Bennett-Stathakis, Office Assistant

**CANCER SUPPORT GROUP - St. Joseph ON HOLD**

2nd Tuesday of each month 2:30 p.m.  
Marie Yeager Cancer Center Second Floor  
3900 Hollywood Road  
St. Joseph, MI 49085  
Phone: (269) 429-3281

**OSTOMY SUPPORT GROUP - ON HOLD**

2nd Thursday of each month – 6:00 p.m.  
Spectrum Health Lakeland Regional Medical Center  
Community Room  
1234 Napier Ave.  
St. Joseph, MI 49085  
Phone: (269) 983-8804

**CANCER SUPPORT GROUP – Niles ON HOLD**

3rd Tuesday of each month – 1:30 p.m.  
Greater Niles Senior Center  
1109 Bell Road  
Niles, MI 49120  
Phone: (269) 429-3281