



**Berrien  
County  
Cancer  
Service**

**3900 Hollywood Road, St. Joseph, MI 49085**  
**www.bccancerservice.org 269.429.3281**  
**staff@bccancerservice.org**

**In honor of the committed service  
of Olove Colcord, R.N.**

**March 2020**  
**VOLUME XXVII**  
**ISSUE III**

# Newsletter

## **THE MISSION OF THE BERRIEN COUNTY CANCER SERVICE:**

To provide compassionate in home skilled nursing care and supportive resources for those affected by cancer or related illnesses in Southwest Michigan.

The **BERRIEN COUNTY CANCER SERVICE SUPPORT GROUP** is a group of patients, family members and caregivers. Come share successes, feelings, fears and practical methods of coping with the physical and emotional aspects of living with the diagnosis of cancer.

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## **After the Winter, God sends the Spring**

Springtime is a season  
 Of hope and joy and cheer.  
 There's beauty all around us  
 To see and touch and hear.  
 So, no matter how downhearted  
 And discouraged we may be,  
 New hope is born when we behold  
 Leaves on a budding tree,  
 Or when we see a timid flower  
 Push through the frozen sod  
 And open wide in glad surprise  
 Its petaled eyes to God,  
 For this is just God saying,  
 "Lift up your eyes to Me,  
 And the bleakness of your spirit,  
 Like the budding Springtime tree,  
 Will lose its wintry darkness  
 And your heavy heart will sing" –  
 For God never sends the Winter  
 Without the joy of Spring.

*Helen Steiner Rice*

## **THANK YOU FOR SUPPORTING OUR MISSION**

It is YOU our community that enables us to care for those with cancer and related illnesses in our community. We are grateful for all the support and are honored that you trust us to do our best to provide in home skilled nursing care for our patients and those who need our assistance. **A special Thank You to Van's Medical Equipment for picking up, cleaning and delivering our durable medical equipment as a courtesy to BCCS in support of our community!**



United Way  
of Southwest Michigan

# BCCS Bulletin Board

## SAVE THE DATES!!!

**Team Lucky Charms**  
**10<sup>th</sup> Annual Pub Run**  
April, 25<sup>th</sup>, 2020!

**PENNIES FOR PATIENTS**  
May 14<sup>th</sup> 2020!

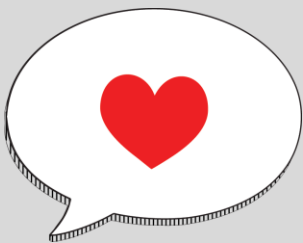
## Recent Star Givers Include:

Baroda Lion's Club

Circle Federal Credit Union  
Niles, MI

1<sup>st</sup> Presbyterian Church of Niles

SW Michigan USBC Bowling  
Association



## Patient Remarks

Thanks for being there in the  
time of need.  
May God forever bless you.

## **DID YOU KNOW...**

**BERRIEN COUNTY CANCER SERVICE** is a grateful recipient of a Frederick S. Upton Foundation Challenge Grant! We are excited to be awarded a two-year \$10,000 grant (\$5,000 per year) for our loan closet, patient nutrition needs, and assistance for nurses traveling to patient homes.

Since it is a **CHALLENGE GRANT**, our part is to let you know that **when you give a donation, it will now be doubled up to a total of 5,000!** **Join us in our attempt to match \$5,000 to support cancer patients and their families in Southwest Michigan by marking your donation "Challenge Grant".**

Donations may be mailed to: Berrien County Cancer Service  
3900 Hollywood Road  
St. Joseph, MI 49085

You may also donate on our website using a credit card and specify to direct the funds to the challenge grant.

## **IT'S NOT TOO EARLY TO START COLLECTING PENNIES!**

Join us as we celebrate our 31st Annual PENNIES FOR PATIENTS™ DAY on Thursday, May 14, 2020. We will start the morning at 8:00 a.m. will finish at 5:30 p.m. Come to our office in the Marie Yeager Cancer Center (3900 Hollywood Road, St. Joseph) and see the excitement of thousands of pennies being counted along with refreshments and fun. The refreshments will be served from 9:00 a.m. to 4:00 p.m. In addition, there will be a Niles drop-off location at St. John's United Church of Christ (601 Sycamore Street) from 11.00 a.m. – 2:00 p.m. with cookies and punch. All the proceeds stay local to help those with cancer in our community. Bring your pennies, silver, and dollars and join us for our –



## **31st Annual PENNIES FOR PATIENTS DAY!**

## **Team "Lucky Charms" is hosting their 10<sup>th</sup> Annual Pub Run**

Proceeds will benefit local cancer patients through our services and will be held on Saturday, April 25<sup>th</sup>.

For details regarding this event, please visit the Facebook page: 10<sup>th</sup> Annual "Bottoms Up for a Cure" Pub Run. If you have questions, please call Aimee Foster at 930-2580 or email her at msufoster@yahoo.com.

# March is National Colorectal Cancer Awareness Month



## ART PLAY WORKSHOPS

Please note Art Play Workshops are back!

Dates and locations are as follows:

**Buchanan Art Center**  
March 9<sup>th</sup> from 4:30-5:30 pm

**Krasl Art Center**  
March 19<sup>th</sup> from 4:30-6:00 pm

These workshops are designed for families impacted by cancer and are designed for children and adults to learn side-by-side as they use clay, watercolor, and other media to express themselves through art. If you know of any children who have a family member or close friend with cancer or are a stable pediatric cancer patient, please have them call 269-429-3281 and ask for Nancy regarding these workshops.

**For more information, visit our website [www.bccancerservice.org](http://www.bccancerservice.org) or on our FB page: Berrien County Cancer Service, Inc.**

### Thought for the Day

Dream as if you will live forever,  
Love as if you only have today.

The colon is part of the body's digestive system. The digestive system removes and processes nutrients from foods and helps to pass waste material out of the body. It includes the esophagus, stomach and the small and large intestines. The colon is the first part of the large intestine and is about 5 feet long.

Colon cancer is a disease in which malignant cells form in the tissues of the colon. Your health history can affect the risk of developing colon cancer. Signs of colon cancer include blood in the stool or a change in bowel habits, diarrhea, constipation, stools that are narrower than usual, bloating, weight loss, feeling very tired and vomiting. Tests that examine the colon and rectum are used to detect and diagnose colon cancer. Certain factors affect prognosis and treatment options.

The risk factors of colorectal cancer can include:

- Age, most cases of this cancer are diagnosed after age 50, although there is recently in an increase in younger adults
- Family history of colorectal cancer
- Personal history
- Inherited risk
- Alcohol or cigarette smoking
- Race
- Obesity

The preventive factors can include:

- Physical activity
- Combination hormone replacement therapy
- Diet – Low red/processed meat, high in fruits & vegetables.

### **Be Counted for Berrien's Fair Share**

The U.S. Census Bureau counts each resident every 10 years and 2020 is *the* year. The Census count is used to get Berrien County's fair share of federal funds. It's vital that *every one* of us be counted since this funding is used for roads, bridges, education, school lunches, Head Start, etc.

The Official count day is April 1, 2020. The Census form is short, only 9 questions. It will ask your name, gender, age, birthday, race, ethnicity, phone number, relationship to head-of-household, and owner or renter. By law, individual-level Census information cannot and will not be shared with any agency - not the IRS, sheriff, courts, ICE, DHHS.

Based on projections, Berrien County is at risk of losing over \$44 million per year for 10 years due to residents not complete the Census form.

What can you do? Talk about the Census with your friends, neighbors and colleagues. **Everyone Counts.** For more information, go to **BeCountedBerrien.org**

# In Loving Memory

*Memorial Donations were generously  
made by and for the following:*



**In Memory of Adam Tilly**

Rebecca Eichler Toth, St. Joseph

**In Memory of Bruce Temple**

Ann Temple, Elyria, OH

**In Memory of Dale Earl Kugle**

Paulette & Thomas Johnson, Morrice

**In Memory of Donald DeFreez, Jr.**

Diana & Philip Masten, Niles

**In Memory of Janey Waterhouse**

Kenneth & Phyllis Tillman, Chelsea  
Charlotte Wenham, Saint Joseph  
Patricia & James Dayton, Granger, IN  
Marilyn Doolittle, Niles  
June Rollinger, Saint Joseph  
William & Annette Friedson, Solon, OH  
Gay Curtiss-Lusher, Denver, CO  
Deb Rodriguez, Chicago, IL

**In Memory of Silvia Hinrichs**

Bruno & Edith Nickel, Saint Joseph  
Agathe & Bruno Lehmann, Saint Joseph  
Gary & Linda Weber, Stevensville  
Ernst or Helga Oelke, Stevensville  
Duane & Diane McLaughlin, Berrien Springs  
Steven Hyjek, Fairfax Station, VA  
James Thomas, Fremont

**In Memory of Vanderhoof**

Harriet Israel, Naples, FL

Berrien County Cancer Service sends our sincere sympathy to all those who have Recently lost loved ones. We thank all of our generous donors. Your donations are very much appreciated and will help cancer patients in Berrien County. Thank you.

# Looking Ahead...

## Looking Ahead

### **BCCS SUPPORT GROUP – St. Joseph Marie Yeager Cancer Center**

3900 Hollywood Road  
March 10 – 2:30 pm  
April 14 – 2:30 pm

### **BCCS SUPPORT GROUP – Niles Greater Niles Senior Center**

1109 Bell Road  
March 17 – 1:30 pm  
April 21 - 1:30 pm

### **CHILD & FAMILY SUPPORT GROUP Art Play Workshop**

**Buchanan Art Center**

March 9<sup>th</sup> from 4:30-5:30 pm

**Krasl Art Center**

March 19<sup>th</sup> from 4:30-6:00 pm

Visit [www.bccancerservice.org](http://www.bccancerservice.org) or call  
BCCS at 269-429-3281 for details

### **OSTOMY SUPPORT GROUP**

Lakeland Regional Medical Center

March 12 – 6:00 pm

April 9 – 6:00 pm

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### **DATES TO REMEMBER IN MARCH**

March 1 – National Peanut Lovers Day

March 4 – Hug a G.I. Day

March 6 – Oreo Cookie Day

March 8 – International Working Women Day

March 10 – International Bagpipe Day

March 13 – Donald Duck Day

March 15 – Buzzards Day

March 19 – SPRING!

March 23 – National Puppy Day

March 25 – Little Red Wagon Day

March 29 – National Vietnam War Veterans Day

March 31 – Equal Pay Day

### **Newsletters available online**

Our newsletters are available on our  
website: [www.bccancerservice.org](http://www.bccancerservice.org). If you  
would like to be removed from this mailing  
list, please call our office at 269-429-3281  
or send us an e-mail:

[staff@bccancerservice.org](mailto:staff@bccancerservice.org).

## Please Consider...

Berrien County Cancer Service, Inc., is a non-profit organization funded primarily by United Way, private donations and fund-raisers. We receive no Medicare, Medicaid or other insurance payments. To continue our free services to Berrien County cancer patients, we need your help. Any donation is greatly appreciated.

Donations to our General Fund will help balance our current budget. Donations to our Endowment Fund will help guarantee that the Cancer Service will be available for as long as needed. Your contribution to our non-profit 501(c)(3) corporation is tax deductible – an acknowledgment and receipt for tax purposes will be sent.

Donations can be made in honor of someone or in memory of a loved one. In these instances, we would also like to send acknowledgment to the honoree or next-of-kin so please provide that information when making your donation.

\_\_\_\_ General Fund    \_\_\_\_ Endowment Fund

Your Name \_\_\_\_\_

Your Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

\_\_\_\_\_

Donation Amount \$ \_\_\_\_\_

**OR**

In Memory of \_\_\_\_\_

Please send notification of my gift to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

\_\_\_\_\_

**Thank you for your  
generosity!**

Berrien County Cancer Service, Inc.  
3900 Hollywood Rd  
St. Joseph, MI 49085

RETURN SERVICE REQUESTED

**JOIN THE NEWSLETTER VIA  
EMAIL**

Help us save postage, call 269-429-3281 or email us at [staff@bccancerservice.org](mailto:staff@bccancerservice.org). If you are not reading the newsletter, you may contact us to be removed also. We

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**BERRIEN COUNTY CANCER SERVICE, INC. – BOARD OF DIRECTORS**

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**CANCER SUPPORT GROUP - St. Joseph**

**OSTOMY SUPPORT GROUP**

**NURSING STAFF**

Nancy Church, R.N., President/CEO  
Connie Demler, R.N.  
Debra Hansen, R.N.  
Sheryl Stone, R.N., PRN status

**OFFICE STAFF**

Kimberly McCoy, Patient Care Coordinator  
Suzanne Arent, Administration Assistant  
Sarah Bennett-Stathakis, Office Assistant  
Henrietta Hein, Office Assistant

2nd Tuesday of each month 2:30 p.m.  
Marie Yeager Cancer Center Second Floor  
3900 Hollywood Road  
St. Joseph, MI 49085  
Phone: (269) 429-3281  
Phone: (269) 983-8804

2nd Thursday of each month – 6:00 p.m.  
Spectrum Health Lakeland Regional Medical Center  
Community Room  
1234 Napier Ave.  
St. Joseph, MI 49085

**CANCER SUPPORT GROUP – Niles**

3rd Tuesday of each month – 1:30 p.m.  
Greater Niles Senior Center  
1109 Bell Road  
Niles, MI 49120  
Phone: (269) 429-3281