



**Berrien
County
Cancer
Service**

**In honor of the committed service
of Olove Colcord, R.N.**

**June 2020
VOLUME XXVII
ISSUE VI**

**3900 Hollywood Road, St. Joseph, MI 49085
www.bccancerservice.org 269.429.3281
staff@bccancerservice.org**

Newsletter

THE MISSION OF THE BERRIEN COUNTY CANCER SERVICE:

To provide compassionate in home skilled nursing care and supportive resources for those affected by cancer or related illnesses in Southwest Michigan.

The **BERRIEN COUNTY CANCER SERVICE SUPPORT GROUP** is a group of patients, family members and caregivers. Come share successes, feelings, fears and practical methods of coping with the physical and emotional aspects of living with the diagnosis of cancer.

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STAY HOME – STAY SAFE!!

The Berrien County Cancer Service is joining healthcare providers and organizations to work collaboratively with other local, state, and national partners while the Coronavirus Disease 2019 (COVID-19) situation is being closely monitored. We are taking precautions to assist in the prevention of the spread of coronavirus and may have limited services through the month of June. Please contact us at (269) 429-3281 if you need medical equipment, supplies, or skilled nursing services.

A Father Is...

Neither an anchor to hold us
back, nor a sail to take us there,
but a guiding light whose love
shows us the way.

~ Unknown



THANK YOU FOR SUPPORTING OUR MISSION

It is YOU our community that enables us to care for those with cancer and related illnesses in our community. We are grateful for all the support and are honored that you trust us to do our best to provide in home skilled nursing care for our patients and those who need our assistance. **A special Thank You to Van's Medical Equipment for picking up, cleaning and delivering our durable medical equipment as a courtesy to BCCS in support of our community!**



BCCS Bulletin Board

SAVE THE DATES!!!

VIRTUAL PENNIES FOR PATIENTS

Through June 26, 2020!

TEAM LUCKY CHARMS 10th ANNUAL PUB RUN

We are told by Team “Lucky Charms” to plan on a date in September 2020!

Thought for the Day...

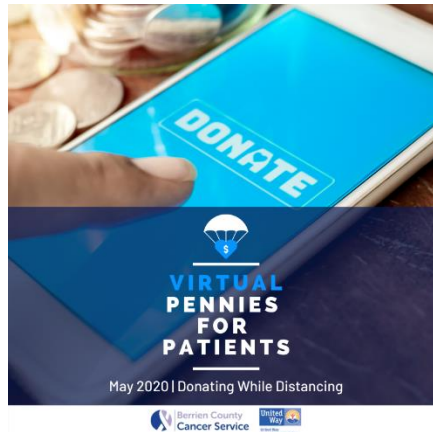
“We do not have Control over what happens to us in life, but we do have control over, how we chose to respond.”

– Bryant McGill



Patient Remarks

We have not used the nurse’s services but may use it in the future. We mainly borrowed items that we needed. The staff was very friendly and very helpful to us. They have been such a blessing to us. Thank you for your services to those of us who are dealing with cancer.



As you know, a new reality is upon us and the Berrien County Cancer Service team is working hard to provide for our patients now more than ever! We appreciate all the checks and online donations that have come in and are extending our Pennies for Patients campaign until June 26th!

BCCS patients are among the most vulnerable facing the Coronavirus, and it’s up to us to find creative ways to lend them a hand. This means being strong together and virtually collecting those dollar and coin donations that make our annual Pennies for Patients fundraiser such a success!

During the month of June, you can make your donations online or by mailing a check. Go to www.bccancerservice.org to donate or learn more about how you can help support those we serve.

Keep current on our campaign through our Facebook and Instagram!

*Important Note: Coinstar machines do not take donations for this fundraiser or for the Berrien County Cancer Service.

DID YOU KNOW...

BERRIEN COUNTY CANCER SERVICE is a grateful recipient of a Frederick S. Upton Foundation Challenge Grant! We are excited to be awarded a two-year \$10,000 grant (\$5,000 per year) for our loan closet, patient nutrition needs, and assistance for nurses traveling to patient homes. Since it is a CHALLENGE GRANT, our part is to let you know that when you give a donation, it will now be doubled up to a total of 5,000! Join us in our attempt to match \$5,000 to support cancer patients and their families **in Southwest Michigan!**

June is National Cancer Survivors Month



ART PLAY WORKSHOPS

Art Play Workshops will not be meeting while the local public schools are suspended. The Cancer Support Groups that meet at Marie Yeager and Niles locations are on hold for the month of June.

These workshops are designed for families impacted by cancer and are designed for children and adults to learn side-by-side as they use clay, watercolor, and other media to express themselves through art. If you know of any children who have a family member or close friend with cancer or are a stable pediatric cancer patient, please have them call 269-429-3281 and ask for Nancy regarding these workshops.

You can also find out more information on our website www.bccancerservice.org or on our FB page: Berrien County Cancer Service, Inc.

Life After Cancer Treatment

The end of cancer treatment is often a time to rejoice. Most likely you're relieved to be finished with the demands of treatment. You may be ready to put the experience behind you and have life return to the way it used to be. Or you may be ready to have a fresh start at something new.

Yet at the same time, it's okay to feel sad and worried. It can take time to recover. Many are uncertain about how to move forward, feeling anxious about the future. It's very common to be thinking about whether the cancer will come back and what happens now. Often this time is called adjusting to a "new normal." You will have many different feelings during this time.

One of the hardest things after treatment is not knowing what happens next. It's not so much "getting back to normal" as it is finding out what's normal for you now. People often say that life has new meaning or that they look at things differently.

Your new normal may include:

- Making changes in the way you eat and what you do.
- New or different sources of support.
- Permanent scars on your body.
- Not be able to do some things you used to do more easily.
- New routines than you previously had.
- Emotional scars from going through so much.

You may see yourself in a different way, or find that others think of you differently now. Whatever your new normal may be, give yourself time to adapt to the changes.

Below is a link to an excellent booklet that discusses many different aspects of life after treatment. If you do not have a computer and would like a copy, please give us a call at 269-429-3281 so that we can help you obtain one.

<https://www.cancer.gov/publications/patient-education/life-after-treatment.pdf>

This booklet covers:

- Getting follow-up medical care and how to talk with your doctor.
- Following a care plan and changes to make for health and wellness.
- Ways to manage physical changes from cancer.
- Body changes and intimacy issues after treatment.
- Coping with your feelings.
- Going back to work and relating with friends and coworkers.

Adapted from www.cancer.gov.

In Loving Memory

*Memorial Donations were generously
made by and for the following:*

In Memory of Dena and George Stroba

Carolyn Duncan

In Memory of Pam Kirshenbaum

Shawn Kim

Marcia Machemer

Julie Caulkins

David Richwine

Janet and Dave Mack

Diane Imbordino

Michael and Evie Schulman

Sondra Levin

Toni Angelini-Nagle

D. Aurelie Henry

Mary Pat Angelini

Karen Pernick

Aileen Grebow

Ellen Lynette

Marcy Spector

Dana Plagens

Lisa Shinn

John Schlesinger Schofel

Cathy Kimmel

Debra Jaff

In Memory of Melissa Tsunemori

Sharon S. Platt

Diane B. Davidson

Karen Coffey

Carla Van Gilder

In Memory of Erich Norris

Frank Simko

In Memory of Ron Christopher

Jeanette and Dolores Fester

Mr. and Mrs. Larry Coffey

In Memory of Ray DeSenzio

Andrew Schmidtman

In Memory of Marcia Bennett

Karol Kesterke

In Memory of Laurie Ann Dietz

Karl and Ann Apanasewicz

In Memory of Bobby Simmons

Carolyn Corteville

*Donations "In Honor" were generously
made by and for the following:*

In Honor of Patients in Treatment

Kimberly McCoy

In Honor of Richard Heckinger

Laura Arterburn

In Honor of Nurses in Berrien County

Cliff Tallman

Berrien County Cancer Service sends our sincere sympathy to all those who have recently lost loved ones. We thank all of our generous donors. Your donations are very much appreciated and will help cancer patients in Berrien County. Thank you.

Looking Ahead...

Looking Ahead

**BCCS SUPPORT GROUP – St. Joseph
Marie Yeager Cancer Center**
3900 Hollywood Road

Will not be meeting in June

**BCCS SUPPORT GROUP – Niles
Greater Niles Senior Center**
1109 Bell Road

Will not be meeting in June

**CHILD & FAMILY SUPPORT GROUP
Art Play Workshop
Buchanan Art Center
Krasl Art Center**

Will not be meeting in June

Visit www.bccancerservice.org or call
BCCS at 269-429-3281 for details

OSTOMY SUPPORT GROUP
Lakeland Regional Medical Center

Will not be meeting in June

DATES TO REMEMBER IN JUNE

- June 3rd – World Bicycle Day
- June 4th – Hug Your Cat Day
- June 6th – D Day WWII
- June 9th – National Strawberry Rhubarb Pie Day
- June 14th – Flag Day
- June 18th – Nursing Assistants Day
- June 20th – Summer Solstice
- June 25th – Log Cabin Day
- June 26th – Take Your Dog to Work Day
- June 30th – Meteor Day

Newsletters available online

Our newsletters are available on our
website: www.bccancerservice.org. If you
would like to be removed from this mailing
list, please call our office at 269-429-3281
or send us an e-mail:
staff@bccancerservice.org.

Please Consider...

Berrien County Cancer Service, Inc., is a non-profit organization funded primarily by United Way, private donations and fund-raisers. We receive no Medicare, Medicaid or other insurance payments. To continue our free services to Berrien County cancer patients, we need your help. Any donation is greatly appreciated.

Donations to our General Fund will help balance our current budget. Donations to our Endowment Fund will help guarantee that the Cancer Service will be available for as long as needed. Your contribution to our non-profit 501(c)(3) corporation is tax deductible – an acknowledgment and receipt for tax purposes will be sent.

Donations can be made in honor of someone or in memory of a loved one. In these instances, we would also like to send acknowledgment to the honoree or next-of-kin so please provide that information when making your donation.

____ General Fund ____ Endowment Fund

Your Name _____

Your Address _____

City/State/Zip _____

Donation Amount \$ _____

OR

In Memory of _____

Please send notification of my gift to:

Name _____

Address _____

City/State/Zip _____

**Thank you for your
generosity!**

Berrien County Cancer Service, Inc.
3900 Hollywood Rd
St. Joseph, MI 49085

RETURN SERVICE REQUESTED

**JOIN THE NEWSLETTER VIA
EMAIL** - Help us save postage,
call 269-429-3281 or email us at
staff@bccancerservice.org. If you are
not reading the newsletter, you may
contact us to be removed. We value
our readers and hope you enjoy it.

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*Indicates Honorary Members

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Suzanne Arent, Administration Assistant
Henrietta Hein, Office Assistant
Sarah Stathakis, Office Assistant

CANCER SUPPORT GROUP - St. Joseph ON HOLD

2nd Tuesday of each month 2:30 p.m.
Marie Yeager Cancer Center Second Floor
3900 Hollywood Road
St. Joseph, MI 49085
Phone: (269) 429-3281

OSTOMY SUPPORT GROUP

2nd Thursday of each month – 6:00 p.m.
Spectrum Health Lakeland Regional Medical Center
Community Room
1234 Napier Ave.
St. Joseph, MI 49085
Phone: (269) 983-8804

CANCER SUPPORT GROUP – Niles ON HOLD

3rd Tuesday of each month – 1:30 p.m.
Greater Niles Senior Center
1109 Bell Road
Niles, MI 49120
Phone: (269) 429-3281