



**Berrien  
County  
Cancer  
Service**

**In honor of the committed service  
of Olove Colcord, R.N.**

**February 2020  
VOLUME XXVII  
ISSUE II**

**3900 Hollywood Road, St. Joseph, MI 49085  
www.bccancerservice.org 269.429.3281  
staff@bccancerservice.org**

# Newsletter

**THE MISSION OF THE BERRIEN  
COUNTY CANCER SERVICE:**

To provide compassionate in home skilled nursing care and supportive resources for those affected by cancer or related illnesses in Southwest Michigan.

The **BERRIEN COUNTY CANCER SERVICE SUPPORT GROUP** is a group of patients, family members and caregivers. Come share successes, feelings, fears and practical methods of coping with the physical and emotional aspects of living with the diagnosis of cancer.

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**This is My Wish for You**

Comfort on difficult days  
Smiles when sadness intrudes  
Rainbows to follow the clouds  
Laughter to kiss your lips  
Sunset to warm your heart  
Hugs when spirits sag  
Beauty for eyes to see  
Friendship to brighten your being  
Faith so that you can believe  
Confidence for when you doubt  
Courage to know yourself  
Patience to accept the truth  
Love to complete your life

**PENNIES FOR PATIENTS DATE  
ANNOUNCED!!**

May 14<sup>th</sup> 2020 is the new Pennies For Patients Date!  
Start collecting and stay tuned for details!!!

**THANK YOU FOR SUPPORTING OUR MISSION**

It is YOU our community that enables us to care for those with cancer and related illnesses in our community. We are grateful for all the support and are honored that you trust us to do our best to provide in home skilled nursing care for our patients and those who need our assistance. **A special Thank You to Van's Medical Equipment for picking up, cleaning and delivering our durable medical equipment as a courtesy to BCCS in support of our community!**



# BCCS Bulletin Board

## SAVE THE DATES!!!

### **PENNIES FOR PATIENTS**

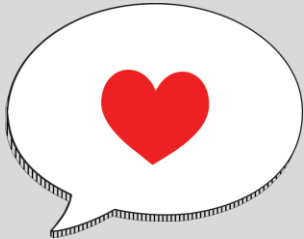
May 14<sup>th</sup> 2020!

### Recent Star Givers

#### Include:

Todd and Elizabeth Christy  
St. Joseph, MI

Dieter & Agathe Krueger  
Stevensville, MI



### Patient Remarks

**“The lady at BCCS in Stevensville was so compassionate, kind and helpful. Thank you for all you do for this community!”**

## **DID YOU KNOW...**

**That we love sharing from our loan closet** and want to be able to have the items that are needed. Here are the current needs that we have for the loan closet:

- Shower Chairs with backs
- Stylish turbans
- Nutrition such as Ensure® or Boost®
- Small and Large incontinence underwear
- Wig supplies (shampoo and conditioner)



## **Let it Snow, Let it Snow, Let it Snow!**

BCCS may be closed for snow days during inclement weather. So, if it is snowing, please call us at 269-429-3281 prior to coming to the BCCS office to make sure that we are open. On the days that the office is closed, the answering machine will be checked periodically. If you have a medical emergency, please call 911.

The nurses will still be visiting patients unless the roads are hazardous. Often the nurses will make patient visits a day early if they know that a snow storm is coming.

## **Be Counted for Berrien’s Fair Share**

The U.S. Census Bureau counts each resident every 10 years and 2020 is *the* year. The Census count is used to get Berrien County’s fair share of federal funds. It’s vital that *every one* of us be counted. Census-based funding is used for roads, bridges, education, school lunches, Head Start, children’s health insurance, and many more programs.

The Official count day is April 1, 2020. The Census form is short, only 9 questions. It will ask your name, gender, age, birthday, race, ethnicity, phone number, relationship to head-of-household, and owner or renter. By law, individual-level Census information cannot and will not be shared with any agency - not the IRS, sheriff, courts, ICE, DHHS - not anyone, including a landlord.

Based on Census projections, Berrien County is at risk of losing over \$44 million per year for 10 years ... that’s \$440 million due to residents who do not complete the Census form.

What can you do? Talk about the Census with your friends, neighbors and colleagues. **Everyone Counts.** For more information, go to **[BeCountedBerrien.org](http://BeCountedBerrien.org)**

# February is World Cancer Awareness Month



## **ART PLAY WORKSHOPS**

**Please note Art Play Workshops are back!**

Dates and locations are as follows:

**Buchanan Art Center**  
**February 10<sup>th</sup> from 4:30-5:30 pm**

**Krasl Art Center**  
**February 20<sup>th</sup> from 4:30-6:00 pm**

These workshops are designed for families impacted by cancer and are designed for children and adults to learn side-by-side as they use clay, watercolor, and other media to express themselves through art. If you know of any children who have a family member or close friend with cancer or are a stable pediatric cancer patient, please have them call 269-429-3281 and ask for Nancy regarding these workshops. You can also find out more information on our website [www.bccancerservice.org](http://www.bccancerservice.org) or on our FB page: Berrien County Cancer Service, Inc.

World Cancer Day is an international day marked on February 4th to raise awareness of cancer and to encourage its prevention, detection, and treatment. Hearing that you have cancer changes your life and the lives of those around you.

Millions of Americans alive today have a history of cancer. For them, cancer has become a chronic on-going health problem, like high blood pressure or diabetes.

If you have cancer, you may notice every ache, pain or sign of illness. Even little aches may make you worry. It's important to focus on living. Try to make the most of each day while living with cancer and its treatment. People respond to cancer in many ways.

Learning you have cancer can come as a shock. For many people, the first few weeks after diagnosis are very hard. People with cancer and those close to them experience a wide range of feelings and emotions. These feelings can change often and without warning. At times, you may: be angry, afraid, or worried, feel out of control, be sad guilty or lonely.

**Denial** – When you were first diagnosed, you may have had trouble believing or accepting the fact that you have cancer. Usually by the time treatment begins, most people accept the fact that they have cancer.

**Anger** – Anger sometimes comes from feelings that are hard to show. Such as fear, panic, frustration, anxiety, or helplessness.

**Fear and worry** – The word “cancer” frightens everyone. It’s a diagnosis that most people fear more than any other.

**Pain** – The most important thing to remember is that to control your pain, you have to talk honestly with your doctor about it. When it comes to pain, there is no right or wrong answer.

**Control and self-esteem** – Even though you may feel out of control, there are ways you can be in charge.

**Sadness and depression** – Sadness is a normal response to any serious illness. Depression is sometimes a serious problem.

**Loneliness** – You may feel less lonely when you meet other people who have cancer when you join a support group. Some people prefer to talk with just one person at a time.

**Hope** – Once people accept that they have cancer, they often feel a sense of hope.

You will have many feelings as you learn to live with cancer. These feelings can change from day to day, hour to hour, or even minute to minute.

Feelings of denial, anger, fear, stress and anxiety, depression, sadness, guilt, and loneliness are all normal. So is a feeling of hope. While no one is cheerful all the time, hope is a normal and positive part of your cancer experience.

# In Loving Memory

*Memorial Donations were generously made by and for the following:*



**In Memory of Adam Tilly**

Rebecca Eichler Toth, St. Joseph

**In Memory of Dale Kugle**

Paulette, Thomas Johnson, Morrice  
Jonathan Jaloszynski, St. Joseph

**In Memory of Bruce Temple**

Ann Temple, Elyria, OH

**In Memory of Janey Waterhouse**

Kenneth and Phyllis Tillman, Chelsea  
Charlotte Wenham, St. Joseph  
Patricia and James Dayton, Granger, IN  
Marilyn Doolittle, Niles  
June Rollinger, St. Joseph  
William and Annette Friedson, Solon, OH  
Gay Curtis-Lusher, Denver, CO  
Deb Rodriguez, Chicago, IL

**In Memory of Sylvia Hinrichs**

Bruno and Edith Nickel, St. Joseph  
Agathe and Bruno Lehmann, St. Joseph  
Gary and Linda Weber, Stevensville  
Ernst and Helga Oelke, Stevensville  
Duane and Diane McLaughlin, Berrien Springs  
Steven Hyjek, Fairfax Station, VA  
James Thompson, Fremont

**In Memory of Donald DeFreez, Jr.**

Diana and Philip Masten, Niles

**In Memory of Vanderhoof**

Harriet Israel, Naples, FL

*Berrien County Cancer Service sends our sincere sympathy to all those who have recently lost loved ones. We thank all of our generous donors. Your donations are very much appreciated and will help cancer patients in Berrien County. Thank you.*

# Looking Ahead...

## Looking Ahead

**BCCS SUPPORT GROUP – St. Joseph  
Marie Yeager Cancer Center**  
3900 Hollywood Road  
February 11 – 2:30 pm  
March 10 – 2:30 pm

**BCCS SUPPORT GROUP – Niles  
Greater Niles Senior Center**  
1109 Bell Road  
February 18 – 1:30 pm  
March 17 – 1:30 pm

**CHILD & FAMILY SUPPORT GROUP  
Art Play Workshop  
Buchanan Art Center**  
February 10<sup>th</sup> from 4:30-5:30 pm  
**Krasl Art Center**  
February 20<sup>th</sup> from 4:30-6:00 pm  
Visit [www.bccancerservice.org](http://www.bccancerservice.org) or call  
BCCS at 269-429-3281 for details

**OSTOMY SUPPORT GROUP**  
Lakeland Regional Medical Center  
February 13 – 6:00 pm  
March 12 – 6:00 pm

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### DATES TO REMEMBER IN FEBRUARY

February 1 – Ice Cream for Breakfast  
February 3 – Feed the Birds Day  
February 4 – World Cancer Day  
February 7 Give Kids a Smile Day  
February 9 – Autism Sunday  
February 12 – Lincoln's Birthday  
February 14 – Valentine's Day  
February 17 – Random Act of Kindness Day  
February 21 National Caregivers Day  
February 22 – George Washington's Birthday  
February 25 – Rubber Duck Day  
February 28 – National Tooth Fairy Day  
February 29 – Leap year Day!

### **Newsletters available online**

Our newsletters are available on our website: [www.bccancerservice.org](http://www.bccancerservice.org). If you would like to be removed from this mailing list, please call our office at 269-429-3281 or send us an e-mail: [staff@bccancerservice.org](mailto:staff@bccancerservice.org).

## Please Consider...

Berrien County Cancer Service, Inc., is a non-profit organization funded primarily by United Way, private donations and fund-raisers. We receive no Medicare, Medicaid or other insurance payments. To continue our free services to Berrien County cancer patients, we need your help. Any donation is greatly appreciated.

Donations to our General Fund will help balance our current budget. Donations to our Endowment Fund will help guarantee that the Cancer Service will be available for as long as needed. Your contribution to our non-profit 501(c)(3) corporation is tax deductible – an acknowledgment and receipt for tax purposes will be sent.

Donations can be made in honor of someone or in memory of a loved one. In these instances, we would also like to send acknowledgment to the honoree or next-of-kin so please provide that information when making your donation.

\_\_\_\_ General Fund    \_\_\_\_ Endowment Fund

Your Name \_\_\_\_\_

Your Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

\_\_\_\_\_

Donation Amount \$ \_\_\_\_\_

**OR**

In Memory of \_\_\_\_\_

Please send notification of my gift to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

\_\_\_\_\_

**Thank you for your  
generosity!**

Berrien County Cancer Service, Inc.  
3900 Hollywood Rd  
St. Joseph, MI 49085

RETURN SERVICE REQUESTED

**JOIN THE NEWSLETTER VIA  
EMAIL**

Help us save postage, call 269-429-3281  
or email [staff@bccancerservice.org](mailto:staff@bccancerservice.org). If  
you are not reading the newsletter, you  
may contact us to be removed also. We  
value our readers and hope you enjoy it.

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Suzanne Arent, Administration Assistant  
Henrietta Hein, Office Assistant  
Sarah Stathakis, Office Assistant

**CANCER SUPPORT GROUP - St. Joseph**

2nd Tuesday of each month 2:30 p.m.  
Marie Yeager Cancer Center Second Floor  
3900 Hollywood Road  
St. Joseph, MI 49085  
Phone: (269) 429-3281  
Phone: (269) 983-8804

**CANCER SUPPORT GROUP – Niles**

3rd Tuesday of each month – 1:30 p.m.  
Greater Niles Senior Center  
1109 Bell Road  
Niles, MI 49120  
Phone: (269) 429-3281

**OSTOMY SUPPORT GROUP**

2nd Thursday of each month – 6:00 p.m.  
Spectrum Health Lakeland Regional Medical Center  
Community Room  
1234 Napier Ave.  
St. Joseph, MI 49085