In memory of the committed service of Olove Colcord, RN

April 2023 VOLUME XXX ISSUE IV



BCCS Newsletter

Mission Statement

To provide compassionate in-home skilled nursing care and supportive resources for those affected by cancer or related illnesses in Southwest Michigan.

Location

Marie Yeager Cancer Center - 2nd floor 3900 Hollywood Road St. Joseph, MI 49085 269-429-3281

www.bccancerservice.org staff@bccancerservice.org

Follow us on social media today!







In Perpetual Spring By Amy Gerstler

Gardens are also good places
to sulk. You pass beds of
spiky voodoo lilies
and trip over the roots
of a sweet gum tree,
in search of medieval
plants whose leaves,
when they drop off
turn into birds
if they fall on land,
and colored carp if they
plop into water.

Suddenly the archetypal
human desire for peace
with every other species
wells up in you. The lion
and the lamb cuddling up.
The snake and the snail, kissing.
Even the prick of the thistle,
queen of the weeds, revives
your secret belief
in perpetual spring,
your faith that for every hurt
there is a leaf to cure it.

A New Look at Pennies for Patients Day "WEEK"!

Just as we visit patients throughout Berrien County, we are coming to a location near you! Another exciting change is United Federal Credit Union will take your "change" and donations during the month of May. Please run coins through the coin machine and let the teller know that it is a donation for BCCS.

op-Off The Week of May 8-12, 20

Monday, May 8, noon - 4pm, Bridgman, Corner of Church & Lake St Tuesday, May 9, 7:30am - 4:30pm, Coloma, park next to library Wednesday, May 10, 9:30am 3:30pm, Niles, St. John's United Church of Christ Thursday, May 11, 7:30am - 5pm, St. Joseph, Saron Lutheran Church lawn Friday, May 12, 10am - 3pm, Senior Expo, LMC, Benton Harbor

Sponsored by



Throughout the month of May drop off at any UFCU branch in Berrien County!

April is Cancer Control Month

Cancer Control Month focuses on the importance of improving cancer treatments and increasing the survival rate of cancer. Currently, between 30-50% of all cancer cases are preventable with early detection. Screenings are a key to controlling cancer for all.

BCCS Bulletin Board

April is Esophageal Cancer Awareness

According to the National Cancer Institute, risk factors for developing esophageal cancer include:

- Smoking
- Drinking alcohol
- Having acid reflux or gastroesophageal reflux disease (GERD)

Men are also approximately three times more likely to develop esophageal cancer than women



2023 Art Play Workshops

KRASL ART CENTER

707 Lake Blvd St. Joseph. MI 4:30-6:00 pm

Join us for a fun time creating art!

THURSDAYS

FEBRUARY 16, 2023 MARCH 16, 2023

> **APRIL 20, 2023** MAY 18, 2023

JUNE 15, 2023

JULY 20th - Join us at the Howard Performing Arts Center for our 75th Reception

AUGUST 17, 2023 **SEPTEMBER 21, 2023** OCTOBER 19, 2023

ART PLAY FESTIVAL WEDNESDAY, NOVEMBER 8, 2023

The Art Play Workshops are for any child who is impacted by cancer including a family member, grandparent, close friend, or stable pediatric patient. To register, call Berrien County Cancer Service at 269-429-3281, go to our website: bccancerservice.org, or email director@bccancerservice.org

A program of the Berrien County Cancer Service [] [[] [in]



BCCS STARGIVERS - BUSINESS/ORGANIZATIONS

Milano's Cancer Fund W.K. Kellogg Foundation Jim & Cindy Welch Family Foundation, a Donor Advised Fund of U.S. Charitable Gift Trust

Minority Cancer Awareness Month

- Asian population has higher rates of gastric cancers, colon cancer, breast & lung cancer.
- Black/African American people are more likely to be diagnosed and die from colon cancer.
- Black/African American women are more likely to die from breast cancer, although they are diagnosed at a similar rate.
- Hispanic people have high rates of gastric cancer.
- Hispanic & Black/African American women have the highest rate of cervical cancer.
- American Indians/Alaska Natives have the highest liver and intrahepatic bile duct cancer rates, followed by Hispanics/Latinos and Asians/Pacific Islanders.
- Information from: www.cancer.gov

April is Testicular Cancer Awareness Month

A TESTICULAR SELF-EXAM CAN DETECT EARLY SIGNS AND SYMPTOMS

- Most common form of cancer in men ages 15-44
- Every hour a male is diagnosed with testicular
- If detected early, testicular cancer is over 95% curable

Oral, Head and Neck Cancer Awareness April 16-22, 2023

Risk factors

- Alcohol and tobacco use
- Human papillomavirus (HPV)
- Preserved or salted foods
- Oral health
- Occupational exposure
- Radiation exposure
- **Epstein-Barr virus infection**
- Ancestry

Berrien County Cancer Service

Volunteer Appreciation Luncheon

Wednesday, April 13, 2023 at 11:30am at the Marie Yeager Cancer Canter Calling all BCCS Volunteers, past and present, please plan to join us at the Marie Yeager Cancer Center to celebrate YOU! We could not do what we do without your support and help.

3900 Hollywood Rd 2nd Floor St. Joseph, MI 49085

269-429-3281 tyanna@bccancerservce.org

2023 **Fundraising Goal** We need your help!

\$100,000

\$95,000

-\$90,000

\$80,000

\$70,000

\$60,000

\$50,000 \$40,000

\$30,000

\$20,000

\$10,000

TOGETHER WE CAN!

JOIN US IN REACHING OUR GOAL OF \$100,000!



In Memory

In Memory of Kris Teply
Sharon Baker

In Memory of Dolly Voss
Cherie Okonski

In Memory of Landon Womack
Gloria Parker

Berrien County Cancer Service sends our sincere sympathy to all those who have recently lost loved ones. We thank all of our generous donors. Your donations appreciated to help those with cancer in Southwest Michigan.

From the Desk of Nancy Church, RN

April is one of my favorite months....despite the showers and occasional snowflakes that may still hang on. I love the soft greens on the tips of the branches, the songbirds returning on their migration north, the fresh smell of the air, and the daffodils that bring cheer to the dark ground. It is a month to celebrate those joys in life that come after the cold winter months.

April is also a month to celebrate the specialness of our Volunteers who give their time, energy, and dedication to the Berrien County Cancer Service. When I became the Executive Director, I quickly became acquainted with an important group of committed individuals who make up the Board of Directors. They work behind the scenes to ensure our longevity as a nonprofit and as ambassadors in the community to increase awareness of our services.

Our Loan Closet desperately needed a complete overhaul and thanks to the ingenuity of the building maintenance crew, we were able to get commercial grade shelving to replace the rather flimsy shelving units. It has been amazing to watch the progress as our volunteer, Deb Standen, who works tirelessly to process the donations all year long, and volunteer Linda Brady and Kala (Staff) have transformed it into the Resource Locker!

Receiving the mailed newsletter is a labor of love by our newsletter volunteers, many of whom have showed up the first Tuesday of the month so that you can receive this information about BCCS.

None of our events could happen without volunteers. From the planning, execution, all the way to the clean-up, volunteers are engine that make the events happen. I wish I could list everyone who has helped us this past year, but this editorial space is not enough. The amazing thing about volunteers is that they do it from the heart, not to be set on a pedestal. Thank you from our hearts at BCCS.

If you would like to join our group of purposeful people and meet new friends, become a BCCS Volunteer! We will be needing extra help with Pennies for Patients as we have expanded our outreach. With this outreach to more communities, more people will be able to learn about our services and more patients helped.

This year marks our 75th anniversary! For this momentous occasion, we are planning a reception in July to invite all the community to celebrate this amazing legacy. It is YOU who have enabled us to support those going through cancer treatment since 1948. Join us for an evening of music, refreshments, stories, and fellowship. If you want to receive an even greater amount of purpose and joy, contact us to be a volunteer for this event....there will be many opportunities to use your talents!

75th Anniversary Celebration
Howard Performing Arts Center - July 20th from 6:00pm to 8:00pm
Campus of Andrews University, Berrien Springs



P.S. FOR OUR 75TH YEAR, PLEASE HELP US ACHIEVE OUR GOAL OF RAISING \$100,000!

Berrien County Cancer Service 3900 Hollywood Road St. Joseph, MI 49085 RETURN SERVICE REQUESTED

JOIN THE NEWSLETTER VIA EMAIL

To help us save postage, you may call 269-429-3281 or email us at staff@bccancerservice.org. If you are not reading the newsletter, you may contact us to be removed. We value our readers and hope you enjoy this newsletter.

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BCCS is a non-profit organization funded primarily by donations, memorials, fundraisers, and United Way of Southwest Michigan. We receive no Medicare or insurance payments. To continue our services at no cost to those with cancer who need our help in the home, we need your help. Any donation is greatly appreciated. You may donate online at www.bccancerservice.org or mail your check to our address listed on the front cover. An acknowledgment and receipt for tax purposes will be sent.

Donations can be made in honor of someone or in memory of a loved one. In these instances, we would also like to send acknowledgment to the honoree or next-of-kin, so please provide that information when making your donation.

"I am so glad I do not have to go to the hospital lab, this makes things so much easier."

Michelle