In memory of the committed service of Olove Colcord, RN

June 2024 VOLUME XXXI ISSUE VI

## **BCCS Newsletter**

3900 Hollywood Road St. Joseph, MI 49085 269-429-3281

www.bccancerservice.org

### **Mission Statement**

To provide compassionate inhome skilled nursing care and supportive resources for those affected by cancer or related illnesses in Southwest Michigan.

staff@bccancerservice.org

Follow us on social media today!









### Moonlight, Summer Moonlight by Emily Jane Bronte

'Tis moonlight, summer moonlight,
All soft and still and fair;
The solemn hour of midnight
Breathes sweet thoughts everywhere,
But most where trees are sending
Their breezy boughs on high,

Or stooping low are lending
A shelter from the sky.
And there in those wild bowers
A lovely form is laid;
Green grass and dew-steeped flowers
Wave gently round her head.



Friday, August 9, 2024 5:30-9:00PM

## TABOR HILL

### **Private Event Tent**

donated by Moersch Hospitality Group 333 Mount Tabor Road Buchanan, MI

Sponsored by





Friday, August 9, 2024

5:30 VIP Cocktail Reception by

6:00 Dinner is Served

Raspberry Chicken or Zucchini Noodle Caprese

6:30 Nancy Church, RN, President & CEO

7:00 Live Music and Dancing Starring Jimmy Fastiggi Thank You for Pennles donations Watch for the Thank You listing in the Tuly Newsletter! There is still time to donate as we collect all year.

## **BCCS Bulletin Board**

### **BCCS STARGIVERS**

- Bridgman FC Reed Middle School
- Galien River United Methodist Church
- River Valley Senior Center

- . Sawyer Trinity Lutheran Church
- St. Johns United Church of Christ
  - Zion United Church of Christ





Tickets are \$100 per person. Enjoy an elegant gala while supporting local cancer patients and their needs.

If you are interested in SPONSORING A TABLE of 8 please call us at 269-429-3281



# Men's Health Week June 10-16

It is a sad fact that, one man in five dies before the age of 65, **most of these** deaths are preventable, if the condition is caught early.

The purpose of Men's Health Week is to heighten the awareness of preventable health problems to encourage early detection and treatment of disease among men and boys.

Watch for the signs of an issue below and get to a medical professional anytime you notice something change in your body.

- Measure your waist, if its over 37 inches, you're probably overweight and at increased risk of heart disease, diabetes and cancer
- Check for moles changing shape or unexplained lumps
- Shortness of breath/breathing difficulties
- Unexplained pain (especially in the chest)
- Swelling or itching
- A cough that won't go away,
- Blood from spitting or in urine
- Changes in bowel habits
- Urinating more often, especially at night, and less easily with a weaker flow can be signs of prostate enlargement
- Monitor your testicles for any changes. Testicular cancer is the most common cancer in men aged 20-35 but if caught in time it can be effectively treated and deaths are rare.

### Welcome to John Craig

We are delighted to welcome John as our new Office
Assistant. He is in the position that Blair served us so
efficiently for the past year. John comes to us with a history
in retail management. Be sure to give John a warm welcome
as you stop by the BCCS office.

# In Memory

Dawn Engelsman
Brad Johnson

Kay Schultz Shirley Sink

In Memory of Tom DeVries
Peggy Schaffer

In Memory of Richard Kading
Judith Benjamin

David & Rosemarie Castonguay

Jacqueline Grahn

Yogi & Pam Mort

Jill Rauh

Johnny, Jane, Mary & Maggie Stoll
John & Phyllis Wilk

**Dennis & Margaret Willemin** 

In Memory of Nadine Kerns
William Kerns

In Memory of Victoria Nitz
Carol Dinges
Ray and Katherine Van Patten

In Memory of Jerry Schaffer
Peggy Schaffer

Berrien County Cancer Service sends our sincere sympathy to all those who have recently lost loved ones. We thank all of our generous donors. Your donations appreciated to help those with cancer in SW Michigan.

### From the Desk of Nancy Church, RN

It is always a delight when "Kitty" stops by the BCCS office on days when she visits the infusion clinic at the Marie Yeager Cancer Center. Her smile radiates her face and she often has some type of surprise. Recently, she came in her power wheelchair with a hot pink sash proclaiming "Michigan Miss Amazing 2024"! Kitty excitedly shared with me her experience in winning the title and her platform "to promote more accessibility, inclusion and compassion by challenging her community to take change". She shared with me her speech from her special day of being crowned



I would like to share a few of her thoughts from the speech: "When the discussion of accessibility and inclusion is brought up it is not just the discussion of some elevators being added or more handicap parking or even just ramps being added. These things are wonderful benefits for everyone but true accessibility and inclusion is so much more. It is shaping society to normalize and consider everyone's accommodations. Accessibility and inclusion should be barrier free virtually and in person. All individuals deserve to participate regardless of their ability and needs. When thinking of ways you can take change simply by being more compassionate by listening to the people who need accommodations. Include us in the conversation for change and don't silence us. The acts of compassion reinforce someone's worth and acceptance. Accessibility is also financial access to necessary tools and equipment for daily living. Inclusion allows the person who may have otherwise been left out the chance to participate such as the option to attend virtually not just physically." We cheer Kitty on as she attends nationals in July!

You may find the speech on YouTube as "The Importance Of Accessibility And Inclusion By Kitty McClintock"

**JUNE is National Cancer Survivors Month** 

National Cancer Survivors Day® is a CELEBRATION for those who have survived, an INSPIRATION for those recently diagnosed, a gathering of SUPPORT for families, and an OUTREACH to the community. From www.ncsd.org

Survivorship is a journey that chronicles the patient's progress from the moment of diagnosis, through treatment, and afterwards. It includes all aspects of surviving cancer, touching upon physical, psychological, emotional, social, and financial dimensions of their life. It stands as a testament to the strength, resilience, and courage in the lives of our patients.

#### June is:

National Cancer Survivors Month National Cancer Day - June 2 Men's Health Week - June 10-16 Mail your gift to: BCCS
3900 Hollywood Road
St. Joseph, MI 49085
Donate by QR code
or online at:
www.bccancerservice.org





Berrien County Cancer Service 3900 Hollywood Road St. Joseph, MI 49085 RETURN SERVICE REQUESTED

### JOIN THE NEWSLETTER VIA EMAIL

To help us save postage, you may call 269-429-3281 or email us at staff@bccancerservice.org. If you are not reading the newsletter, you may contact us to be removed. We value our readers and hope you enjoy this newsletter.

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BCCS is a non-profit organization funded primarily by donations, memorials, fundraisers, and United Way of Southwest Michigan. We receive no Medicare or insurance payments. To continue our services at no cost to those with cancer who need our help in the home, we need your help. Any donation is greatly appreciated. You may donate online at www.bccancerservice.org or mail your check to our address listed on the front cover. An acknowledgment and receipt for tax purposes will be sent.

Donations can be made in honor of someone or in memory of a loved one. In these instances, we would also like to send acknowledgment to the honoree or next-of-kin, so please provide that information when when making your donation.

"Berrien County Cancer Service is a beacon that radiates my life's passion for everyone to be included and for more accessibility."

> Kitty McClintock See Kitty's story inside